

Toxic Mold: An Enemy at Home

Our home is our haven—a safe place from the world around us. Or is it? A Harvard University School of Public Health study of 10,000 homes in the US and Canada indicated that half of the homes presented evidence of water damage and mold. Of those, 50 to 100 percent of individuals had an increase in respiratory problems. The culprits: aspergillus, stachybotrys, and cladosporium—all forms of toxic mold.

In his DVD, *Toxic Mold: A Breakthrough Discovery*, Edward R. Close, PhD, PE, notes that “Everybody, anybody, can be affected by toxic mold like stachybotrys.” According to Dr. Close, scientists, microbiologists, and mycologists classify what was once considered part of the plant kingdom as fungi. Because mold acts as a scavenger, when a living organism dies, mold decomposes the entity to utilize it as a food source.

Cellulose is a primary food source for mold. It can be found in wood, cotton, paper, hemp, and various other manufactured products. When items such as these become moist, it becomes a feeding ground for mold. In fact, Dr. Close suggests that one square inch of mold infestation can produce over a million spores that are released into the air.

Recently, studies have shown that many common ailments can be attributed to the harmful effects of mold. Allergies, asthma, breathing difficulties, colds, chronic sinusitis, fatigue, flu-like symptoms, runny nose, and sore throat are only a few of the conditions that can potentially be attributed to mold.

To protect our homes and our families, Dr. Close suggests taking preventative action.

What is Thieves?

The story told throughout history tells of a plague that struck parts of Europe during the fifteenth century. A band of thieves, untouched by the plague, began rob-

bing the dead of their valuables. Upon capture, in order to obtain a lighter sentence, the thieves identified themselves as perfumers and spice traders using mixtures of herbs, spices, and oils to protect themselves from the deadly plague spreading throughout Europe.

Young Living's Thieves essential oil blend is based on this historic combination: clove (*Syzygium aromaticum*), lemon (*Citrus limon*), cinnamon bark (*Cinnamomum verum*), eucalyptus (*Eucalyptus radiata*), and rosemary (*Rosmarinus officinalis CT cineol*).

How does Thieves help?

For years, mold was treated with bleach or ozone air cleaners. Now organizations such as the Environmental Protection Agency and the California Department of Health Services are discouraged from promoting such methods. Instead, studies conducted by Dr. Close indicate that all-natural, organic substances like Thieves essential oil and Thieves Household Cleaner are highly effective in killing toxic mold.

Dr. Close recalls his wife, Jacquelyn, a registered aromatherapist, reading a Young Living product tip from a woman in Florida who indicated she used Thieves Household Cleaner to clean a small section of the exterior of her home to remove mold. Her husband, on the other hand, used bleach. A year later, she discovered mold had returned everywhere except for the area where she had used Thieves Household Cleaner.

This finding piqued Dr. Close's interest. After being presented with several severe cases of toxic mold, Dr. Close diffused Thieves oil blend into the air using Young Living's Essential Oil Diffuser. After retesting, he discovered the air quality had drastically improved.

In one instance, 10,667 stachybotrys mold spores were identified in a per cubic meter area. After diffusing Thieves essential oil for forty-eight hours, Dr. Close retested. Only thirteen stachybotrys spores remained. Similarly, 75,000 stachybotrys mold spores were identified in a sample of sheetrock. After seventy-two hours of diffusing, no stachybotrys mold spores remained.

As evidence shows, Young Living's signature products work to create not only a healthy you, but a healthy living environment as well. Your home can still be your haven when you pamper yourself with the best.

Edward R. Close holds a PhD in Environmental Engineering, studying at schools such as Central Methodist College, University of Missouri, and Johns Hopkins University. Dr. Close has worked in the environmental industry since 1965.

10 STEPS TO EFFECTIVELY CONTROL TOXIC MOLD

- 1 Prevention: diffuse Thieves essential oil blend for fifteen minutes every three hours
- 2 Eliminate leaks and moisture
- 3 Professional sampling
- 4 Kill existing mold: diffuse Thieves essential oil blend continuously for one to two days
- 5 Remove all affected material
- 6 Clean thoroughly using Thieves Household Cleaner
- 7 Re-sample
- 8 Repeat above steps if necessary
- 9 Replace and refinish
- 10 Repeat step one

PRODUCTS FEATURED

